

## **Graduated Response to Social and Emotional Health**



We have an open door policy in school– class teachers, AHTS, SENDCo can be contacted by parents or carers to discuss concerns or issues.

Children are encouraged to talk to trusted adults —relationships between adults and children in school are very positive.

There is regular communication between all adults in school – weekly briefings, TA communication book– to share information about key children's needs.

Individual Support

Play therapy
ELSA sessions
Nick Dux resilience coach
SEMH 1-1 sessions
CAMHS referrals
School Aged plus worker

Senior Leaders hold a weekly "EHAW" meeting to discuss emotional health and wellbeing in school and specific needs of children and families.

SENDCo and Headteacher meet fortnightly to review pupils with specific emotional needs.

As part of safeguarding culture, DSLs meet fortnightly and review any SEMH needs for children and families.

## **Targeted Provision**

Good to Be Me group; groups sessions with SEMH teacher; support from Recovery Champion;

1-1 check-ins with key adult; Forest Schools nurture group; How to Grow Tomatoes group; Motor Skills United

## Universal offer

PSHE spiral curriculum- reactive and proactive lessons; weekly circle times;

Zones of Regulation; Mental Health Champions in every class (27 across school);

Whole school Mental Health Champions Training delivered by a known adult; Calm Club;

Assemblies around mental health and wellbeing;

Forest Schools in Year 5 to develop resilience;

Nick Dux termly lessons on developing learning super powers

Year 3/6 buddies; Parent workshops (eg Sleep patterns/ Safer internet/transformative language)